

A Whisper to a Roar"

VOLUME 2 · ISSUE 2.1 · NOVEMBER 2021

## About TCET-EWT

As the Extension Work Team at TCET, we believe in empowering through education.

TCET-EWT focuses on changing the society through education and empathy. We undertake a variety of activities ranging from teaching underprivileged children, to writing essays that inspire, to creating vigilance and awareness through swacchata pakhwada.

We believe in the power of reaching out through education. We teach over a 100 underprivileged children, all diverse subjects weekly. We extend our gratitude and responsibility towards the environment through various drives, Cleanliness Drive (Swachhta Pakhwada) being one. We believe, that a healthy body leads to a healthy mind, hence we conduct various sessions on food and nutrition for our members.

We believe that understanding your work is the most crucial step towards perfection, hence we participate and conduct various seminars on child psychology and behavior.

We also extend our support to all the good causes TCET-EWT abides by the norm that, recreational activity can be fruitful too. Hence, we conduct various competitions like essay writing poster making, educational video making, debating, etc. These activities rekindle the creative minds and help them perform better in life.

Thus, TCET-EWT cherishes education and its impact.





Shri Ram Vidya Mandir, Kandivali (E)





# DR. LOCHAN JOLLY

Epiphany Magazine 2021

Dear students,

It gives me immense pleasure to get this opportunity to talk to you all. Through this platform, I want to put forth one point that you are the future of the nation and therefore there is lot of responsibility on your shoulders amidst this crisis time when India is fighting against pandemic which has taken the form of monster and causing large loss of life.

Did it come as a surprise? Were we not aware that second wave of COVID will be more fatal? Have you thought about being in such a situation in your wildest dreams? What is your responsibility as the future of India?

This is a reminder to all of us that we are responsible for being in such a situation and nature is more powerful than us. Today we all are in this situation because we forgot three basic principles of life:

- 1. Be disciplined
- 2. Do not be greedy
- 3. Care for others

If we follow these basic principles all our problems will be reduced and we can use our energies to make this world a more beautiful place to live i.e. make it Vasudhaiva Kutumbakam in real sense. Think it over. God bless you all!

Take care

Dr. Lochan Jolly Dean SSW



# FFICER PROGRAMM

## DR. ELA AGARKAR



It gives me profound pleasure to introduce 2nd edition of Extension Work Team's E-magazine EPIPHANY- 'A Whisper to A Roar'. Talking about 'THE EXTENSION WORK TEAM' I believe that the 'The highest law of love is service' which has been the constant motto of our EWT Team. As a team it has always been a specific mandate to work for under privileged sections of society and our efforts have been to extend educational programs that will enhance and improve the quality of life of such section. Especially in this year with pandemic affecting our lives, we experimented with technology in a better way.

Our EWT Team firmly believes in outcome-based learning thus rekindling the spark of innovation and fostering curiosity in the young minds which holds pivotal significance in today's technological world. I am pleased to see the enthusiastic responses received from our eminent members of team and students and take immense pride in publishing this magazine, procured by the dedicated efforts of students themselves to work hard. We introduced a online learning platform for the unprivileged to enhance their productivity. Awareness programmes as well as one to one teaching sessions were organized by creating our own resources.

We, Programme Officers, truly appreciate the EWT editorial committee which has toiled in the construction of this magazine and creative team who have worked hard to create and design to give it beautiful sight. As hard work is spirit of success and development, TCET-EWT provides an opportunity to students to work hard and scale the extra mile.

Dr. Ela Agarkar Assistant Professor (ES&H DEPT), EWT Programme Officer



## EDITOR'S

Hello Readers!

With great excitement, we would like to introduce our committee's magazine Epiphany for the year 2021-22. This magazine is result of a lot of hard work done by the entire team including the managers leaders as well as volunteers. The fundamental focus of the magazine was to convey the message of our committee which is to give help in the form of education in both online as well as offline mode. Through the tagline of the magazine, "A WHISPER TO ROAR", we would like to convey a message that "One whisper, added to thousand others, becomes a roar."

In a similar manner our committee is creating awareness regarding education even in the pandemic as well. Also, this year the overall theme of the magazine is 'Social Cause' which includes all the problems we all face in the society. Our magazine is a combination of many creative stuff done by the members such as articles, posters, poems and even quotes.



## CORNER

Each section of the magazine is designed in a very unique and creative manner. We guarantee you that we have strived to keep the poise and the pride of the magazine. Also, a special thanks to each and every one who approached us with their help and proposed many changes in the magazine, and also an inspiring thanks to the numerous creators who gave a path to this magazine through their great creative work.

We have conveyed a beautiful journey of teaching kids which is expressed through the learnings we received in the form of various articles, poems, posters of varying topics denoting the basic essence of social issues. It was a great experience to convey such a important message through this magazine. We hope that all the readers will like the diverse thoughts of our creative writers and also feel the experience through the magazine. Presenting to you a small effort from us to all the readers. We hope you enjoy!



## TABLE OF CONTENTS







ACKNOWLEDGEMENT





## INTERVIEWS

SPEAKER 1

KANCHAN SHINDE,

SOCIAL WORKER

SPEAKER 2

AJIT GOSAVI,

POLICE HAWALDAR



O: When did you join this foundation?

A: In 16th June 2007.



O: Tell us about your work in Asha foundation.

A: We basically go to all the slum areas around us and spread awareness regarding education and personal hygiene and also help them with food and donations.

What do you hope to O: accomplish as a social worker?

A: We hope that more and more people get educated and also get employed so that the poverty rate in our country will decrease and also help grow the economy.

O: Why did you get into social work?

Social work helps relieve

A: people's suffering, fight for social justice and improve lives and communities.

What type of clients do you : find the most difficult to work with and why?

A: Some aggressive and arrogant clients as well as some who don't respond are difficult to work with.

## KANCHAN SHINDE

- Social Worker
- She is currently associated with an NGO
  - How do you balance your professional and personal life?

There is no such thing as professional and personal A: life, this is a part of my personal life itself. I consider this foundation as my family.

How did you made awareness regarding vaccination and how was your experience?

We carried out vaccination A: drive for the people in the slum area so that everyone gets vaccinated.

O: What are your opinions on the current welfare system?

A social welfare system
A: provides assistance to individuals & families in need.

O: What difficulties did you face in this pandemic?

Firstly, it was really sad that we couldn't go personally and A: do all the things but even then we didn't stop. We supplied masks and sanitizers and also provided free food.

C: you like to convey to the new generation?

I would like to say that if it is A: possible for you to help any needy person then do extend your help to them.

When did you join the police O: force and what was your aim?

A: I joined the force in the year 1996 and my aim was and is to keep our country safe. And also one of the reason I got selected was because I was not allowed to join army so I joined the police force.



What qualities according to : you make a good police officer?

I think that compassion and helping attitude as well as mental and physical fitness with top quality work makes a good police officer.

Kindness also is important.

What tips would you follow
: to react normally in a hostage situation?

Being polite and calm are the essential skills which are required. Also to co-operate with other captors by not drawing attention to yourself.

Do you think that due to COVID there is decrease in crime rate?

No. In fact, I think there is an increase in crime rate because most people lost their jobs and some of them tried to satisfy their need through robbery.

How do you manage your
: personal and professional life?

A: It was difficult at first but now I am able to provide protection to both - my blood family and my other family, which is you all. It is easier to juggle both now.

## AJIT GOSAVI

- Police Hawaldar
- He is currently associated with Kandivali West branch

What was your experience about this pandemic situation?

It was a terrible situation. At start the people were coA: operative but after some time even they lost their patience and to handle all the people and let them follow the rules was a difficult task.

 $\bigcirc$ : Who is your idol?

A: My idol is Vishwas Nangare
A: Patil. He is an IPS Officer
whom I look up to a lot.

What things do you keep in mind while interacting with a criminal?

A: been charged for. Then make sure they have a lawyer during the conversation and try and avoid violence.

Tell us one bad experience
: of the police department that you think?

A: because of some corrupt officers people think that every officer is the same which makes our image down. Hardworking officers are judged due to this.

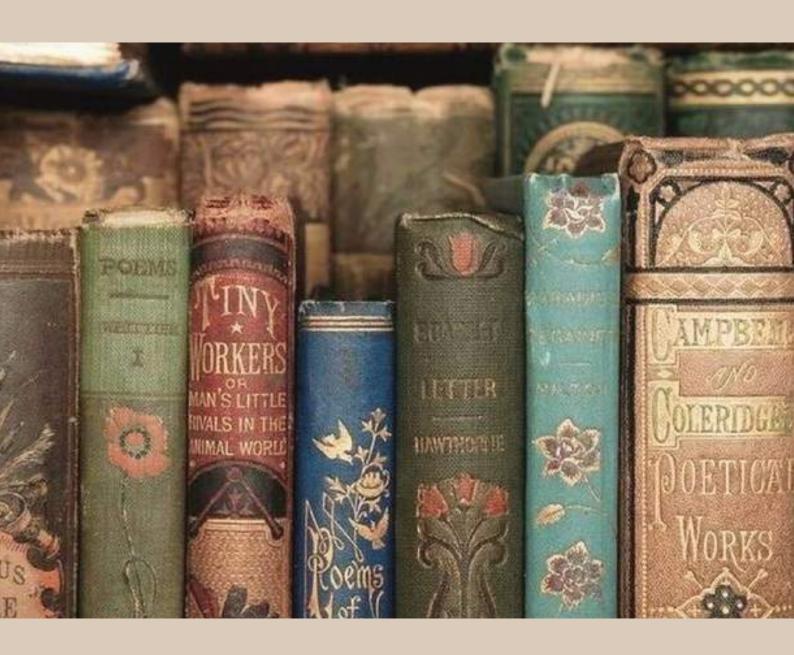
O: What is your message to the youth and student !

A: all the rules of the government and also respect others.



"Do things at your own space. Life's not a race"

## STUDENT CONTRIBUTIONS

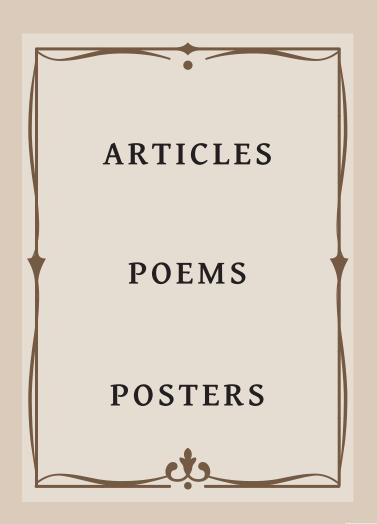


"Superstitions are born from the Fear of the Unknown'.
The solution to overcome it is:
Knowledge & Education."
- SUMEET RAJU, SE B MECH

#### "Just living my best life."



## TABLE OF CONTENTS





PROVE THEM WRONG

## ARTICLES

"The only thing permanent in this world is impermanence."

- MANTHAN WARANG, SE B MECH

#### TABLE OF CONTENTS

01

**URBANIZATION** 

Manthan Warang, SE B MECH

02

SOCIAL MEDIA

Abhishek Tiwari, SE B MECH

03

**GRATITUDE** 

Nitesh Mishra, SE A E&TC

04

**POVERTY** 

Sushan Uchil, **SEBIT** 

05

Noopur Divekar, **SE ELEX** 

06

**MENTAL HEALTH** 

Yash Kale, SE B COMP

07

**FAILURE** 

Viraj Shah, **SE IOT** 

08

WOMEN'S SAFETY

Sejal Yadav, SE B IT

09

COVID-19

Anand Jaiswar, SE B COMP

10

PERIOD SHAMING PANDEMIC'S IMPACT

Saloni Singh, SE ELEX



## EFFECTS OF URBANIZATION AND INCREASING TECHNOLOGICAL ADVANCEMENTS

Manthan Warang, SE B MECH

Technological advancements come with urbanization but when we look at it very carefully there is a thin line that decides whether we are dependent or independent of these changes. It is very necessary to understand that no matter however good anything is it is no longer good if we increase our dependency. If we look at the meaning of the word urbanization carefully it means that the area is getting more urban which eventually tells us that more and more buildings are getting constructed, this may include shopping malls, offices, housing societies, etc. This is not limited only to the buildings but also includes metro, monorail. Now we can see that urbanization, on one hand, means construction but on the other hand, it also means the destruction of the vegetation. With increasing construction, a large number of trees are being cut down which is neither good for the environment nor us. Less vegetation means less oxygen which in turn means that the air which we will be breathing is not good for health. Even if the trees are been cut down then those must be replaced with new ones.

Thus maintaining the balance is very important and necessary. In these five years, we have seen that there is an increasing demand for artificial intelligence and advanced program like Alexa which help us with everything we speak. Nowadays this device is also connected to our home appliances including light bulbs, geezer, television, air conditioner, fan, et cetera. Now by using this program we can sit at any location at our house and able to do any smallest work possible like switching on the fan or any other light bulb, turning on the AC or it can also include closing the windows. So all these works which can be done easily by us are now done by this AI because of which people think twice even before doing any small activity as they are now used to this AI doing their work. This will make us lazy and more and more dependent as whenever we want to do anything people will get a habit of ordering others to do that work thus making us less active.

Issues - Innovation - Impact
EIII A PART OF TCET

TCET-EWT

But this doesn't mean that this technology is useless and not at all important as this technology is being used in various places like in the military and research and development centers. This technology has made the military very much effective and stronger than it was earlier. Hence, we should use this technology but also keep in mind what effects it may have on us. Now here we will consider one more example of the automobile industry. Initially when new vehicles were built their main aim was only to focus on how to make vehicles better in terms of transportation and comfort but now with the increasing population as well as demand for vehicles, there has been an increase in the rate of road accidents as compared to the past. The vehicles are now not only focused based on their transportation and comfort but are also focused based on the safety they provide and also their physical appearance and its lavish nature. Today various active and passive safety technologies are being set up in the vehicles to prevent and reduce the chances of getting into a severe accident and also to reduce its effects but some of these systems are also increasing the dependency of humans on the vehicles. Initially, in manual vehicles, the vehicle was completely under the control of the driver but now with advancing technologies, there has been an installment of a very strong and important feature called "Autopilot". In this feature, the computer system takes over the vehicle control where there is no longer need for the driver to keep his hands on the steering and legs on the breaks. This is again increasing our dependency. This technology is not at all bad but again in this condition as well there is a thin line where we should understand our role very much properly and act accordingly and not get much dependent on these technologies. So here from these cases we have seen that Increase in urbanization and technological advancement is good but both of them have their side effects which should be kept in mind.

There is a saying from a very popular marvel movie "Captain America: Civil War", that "Our very own strength invites challenge, challenge incites conflict, conflict breeds catastrophe". Over here the irony is that this statement is said by a very strong intelligent and sophisticated bot ever made which is known as Vision in the Marvel Cinematic Universe who is made by a human.



## LIKES ON SOCIAL MEDIA: FRIEND OR FOE?

Abhishek Tiwari, SE B MECH

"Stop comparing your behind-the-scenes with someone's highlighted post on social media."

These days, likes on social media are part of the internet appliances. Everywhere from social media, YouTube, blogs, and online shopping websites make use of like buttons to allow users to indicate how they feel about a content. Whether on Facebook, Instagram, LinkedIn, or even Amazon, we've all no doubt clicked a form of like button at some point. They allow us to indicate to others that we think a post, content, review, or product is useful to us, or just that we simply like it. Likes on social media are a form of transmission allowing us to indicate our confirmation and acceptance with a single click, without having to type anything.

What may seem like an impartially simple and basic feature is actually one of the most influential online tools ever created. I'm pretty sure that when the like button was invented, no one comprehends how powerful the information it creates would be. It's recently been said that data is now the most precious assets in the world, and the like button creates huge amounts of it. If we see a post or video on Facebook, Instagram, or LinkedIn that we find engrossing or fascinating, we like it. It's rapid and effortless; I wonder many of us are considering what that data is creating about us.



While it's ideal to think that this data is most often used in an advantageous way, it's not too much of a cross-over to see how it can be used for much more threatening purposes. If someone is eligible to vote, lives in a specific area, and has previously liked posts that condemn a particular section of society, and is also in touch with someone else who has conveyed certain views, it's not hard to see how this data could be used to target them with political or provocative content.

In fact, it's been declared that this kind of intuition was used to affect both the 2016 US Presidential election, and the UK's Brexit referendum, with the help of a company called Cambridge Analytica. What's to seize foreign powers using this data to influence elections, or even whip up political unrest or even violence? If Facebook knows your personality better than your wife, it can't be difficult for them to use that data to influence you in a certain way. You may have taken personality tests on Facebook; finding out which marvels character you are most like, but did you examine who is behind the test and who you may be providing your data to, and what that data may be used for?

There is another, less acknowledged, but concerned aspect to likes: attestation, dependency, and how it can impact your mental health. Likes, and the data behind them, can be very useful tools to allow companies to provide customers with a better customer experience but, on a personal level, there's plenty of evidence that likes can be magnificently damaging for some individuals' mental health. Likes are a basic, yet powerful, form of confirmation. I suspect most of us have been a little disheartened when a post we've made achieve very fewer likes, even though we thought it would get more. For most of us, this is probably a slight disappointment, but for some it can be the reason for their anxiety. Many studies have shown that the 'like button' on internet has bad effects on users' mental health, activate negative social comparisons. In particular, the like button has been found to increase jealousy, resentment and depression. Should we 'dislike' the 'like' button?



#### **GRATITUDE**

#### Nitesh Mishra, SE A E&TC

extension

Most of us are thankful for something or other. One may wonder what prompts this feeling. Like conscience it is perhaps an inborn aspect of being human. It is surely an element in the basic values of social beings. It arises from our identification that we cannot live unless we are sustained by people and forces outside of us. The French Encyclopedist Denis Diderot greatly said that - "gratitude is a burden, and every burden is made to be shaken off." We shake it off through words and sincerely feelings, through acts towards others so that the good we have received may spread beyond us.

We may not be responsively aware of this every hour, but our existence depends on a number of irrelevant factors: the earth's atmosphere with the right amounts of oxygen and nitrogen, on the earth's suitable gravitational pull, and a hundred unfailing laws of biochemistry. From one theological angle God is fundamentally the totality of the factors and forces that enable us to survive for a while on this our dear planet. Every prayer is a thankyou note to the incomprehensible Mystery. As Shakespeare said, (in Henry VI): "Let never day nor night, impious pass, But still recall what the Lord hath done." We have friends and family who do favours and acts of kindliness. To them we have been taught to say, "Thank you!" in various languages.

Alongside from God and Nature, as also known people and well-wishers there are men and women concealed and unknown whose actions and ventures make life possible for us: They include farmers who sow and reap, transporters of the commodities we use, store-keepers who clasp these and make them available as and when we need them, mailmen, garbage collectors, and many more. True, we reimburse them for their services in monetary modes. But imagine for a moment they go on strike or say, "We won't require your payments for the next three months. So please don't anticipate us to meet your needs."

That is why every waking day we should be thankful to the countless men and women we have never even see whose labors make our lives possible and practical. Petronius' popular saying "serva me, servabo te" loosely translated as "scratch my back, and I'll scratch yours" is not gratitude. It is merely reciprocal comforting. Gratitude is the conscious awareness and explicit expression of our interconnectedness in the world: We are able to live because others do. So we will do our small part for others also.

In these hard times when suddenly so many people find themselves in pain and peril, we may be especially grateful to: The myriad healthcare workers all over the world who are handling and treating people afflicted to various levels by Covid-19. All the scientific researchers in various labs who are looking for cures and vaccines for this strange intruder into human life and civilization.

The many heads of governments and people in positions of authority who are suddenly resist with a horrendous task for which they don't have sufficient resources or assuredly effective strategies, but have to face ceaseless criticisms and reproach from people who find them ineffective and slow in action, and a caring press that doesn't have to resolve the problem itself.

The innumerable simple people who in their different ways are trying to bring help to and confront the victims of this pandemic. As if to soften our overflow of gratitude we resent and condemn those who entertain and spread hatred of groups in this global crisis; who propagate and swallow conspiracy theories to explain the crisis; who selfishly horde food and other resources with little deliberation for others; politicians and ideologues who suppose their own approach is the only right one and the opponents are evil-minded; and people who seem to be utilising the situation to their own economic advantage, disregarding the ill-effects on their victims. Such then is life: There are always some things to complain about, but also much, much to be grateful for.



## POVERTY IN INDIA: THE DAILY STRUGGLE FOR SURVIVAL.

Sushan Uchil, SE B IT

Over the years, India has witnessed several advancements in a number of fields namely tech, transportation and connectivity. Owing to these advancements, it has been estimated that India would emerge as a full-fledged superpower by the year 2025. However, poverty is one such problem which has affected a large majority of the Indian population over the course of decades. The Covid-19 pandemic has further escalated the problem of poverty with many people unable to financially sustain the effects of the pandemic. On the other hand, India has achieved increased growth rates over the past years. So why is it so that this growth has had little to no effect on eradicating poverty?

The answer lies in the fact that only a small percentage of the Indian population has benefited from this impressive economic boom so far, as the majority of people in India are still living in abject poverty. Around 800 million people in India are considered as poor and are living in the slums with barely enough money and facilities to account for basic needs. They do not have access to proper drinking water, drainage systems and functional electricity units. Coming to the effects caused by poverty, the main issue is the lack and unavailability of education for the children living in the poverty ridden areas. Without proper education, the chance of finding a living wage from employment in India is virtually hopeless. Another byproduct of widespread poverty is malnutrition. More than 200 million people don't have sufficient access to food, including 61 million children.
7.8 million infants were found to have a birth weight of less than 2.5 kilograms - alarming figures for a country commonly referred to as the emerging market.



For a daily wage worker to meet the financial expectations of his family is a difficult task since the conditions around him do not let him move above the millions of people contesting for the same spot. Unemployment is another factor which has a direct influence on poverty. For a country like India which has one of the largest populations in the world, jobs are very hard to come by especially without proper education facilities and language barriers. Adding the fact that there are thousands of people contesting for the same job leads to a rat race leaving the majority of the people unemployed and working odd jobs to make ends meet.

So, what is the solution to poverty? Is it blaming the government and administration for our collective failure? Or ignoring the problem while reading many such articles in the newspaper? There is no single solution to combat poverty. However, it is important to play our part in supporting the NGOs and other organizations which are working towards the dream of a poverty free India. Our support must not only be financial in nature, but we also show our motivation to work towards our country's wellbeing. Also, we must believe in our government and administration which will surely make the dream of a poverty free India come true.



#### PERIOD SHAMING IN INDIA

#### Noopur Divekar, SE ELEX

Discrimination against bleeding ladies is far reaching in India, where periods have for quite some time been a no-no and considered unclean. They are regularly rejected from social and strict occasions, denied passage into sanctuaries and temples and surprisingly kept out of kitchens. Given the absence of discussion about periods, as per one review, 71% of adolescent ladies in India are uninformed of Menstruation until they get it themselves. Campaigners say it shows that parents rarely prepare their daughters for something they know will undoubtedly occur. Also, this unawareness prompts such a lot of avoidable dread and tension. The trouble of getting to sanitary pads is another significant issue. India rejected a 12% expense on sanitary items in 2018 following quite a while of crusading by activists. Campaigners had contended that menstrual hygiene items were not an extravagance and periods were not a decision that a lady could just quit. Be that as it may, charge exclusion is just a little advance towards a significantly longer excursion of making menstrual health and hygiene an open reality for each lady in the country.

As per one review, just 36% of India's 355 million menstruating women utilize sanitary napkins, while the rest utilize old clothes, husk, debris, leaves, mud and soil and such other hazardous materials to deal with their stream. Furthermore, menstrual wellbeing specialists say the current Covid emergency has deteriorated matters further in India. The nation is under a severe lockdown which has seriously affected creation and supplies of menstrual hygiene products. As indicated by Plan Worldwide UK, a global improvement good cause, one out of 10 impeded young ladies underneath the age of 21 can't manage the cost of sanitary items and utilizations unhygienic substitutes like paper, bathroom tissue and socks Since the beginning, young ladies figure out how to live with the aggravation and dread and rarely do we see a young lady look for help when in physical or mental distress because of periods.

Yet, with a flood in the utilization of online media as of late, ladies have started sharing their stories about periods as well. However this opportunity is regularly addressed and those sharing their accounts are undermined with boycotts, while savages who enjoy moral policing and disgracing ladies go without any consequence. "It's an ideal opportunity to not quiet them with Shame, however give them the opportunity and information to deal with the pain. Social media is an incredible asset and it ought to be utilized to spread inspiration and mindfulness among individuals," A great many families across India can't bear to purchase menstrual hygiene products. As far as they might be concerned, it's a shot in the dark between spending on nourishment for the family or buying sanitary napkins. Almost 23 million young ladies exit school every year after they start their periods, as per a recent report by Dasra, a cause that chips away at issues of adolescent wellbeing. Campaigners say the primary reasons are an absence of clean washrooms in schools and poor access to sanitary items.

There's additionally dread of staining and young ladies stress over being taunted by their classmates. The research additionally discovered that countless ladies thought about periods as filthy, clarifying why bleeding ladies are frequently shunned from social and cultural activities and are compelled to endure a wide range of limitations. "It is time we understand that periods is only an organic interaction and the mystery encompassing it should go. It is essential to normalise menstruation and destroy taboos around this natural process." "Talking is everything necessary to start a change and it's time we did it."

#### MENTAL HEALTH

Yash Kale SE B COMP

Casualties take place, traumas occur and all we see is what we see. Why limit yourself to your eyesight? Are you limited just to your skin? Rhetorically answering, no. There is so much more beyond to us humans than what we just see, but it often tends to get ignored in hindsight. Our mental health is equally or sometimes more important than our physical health. In the formidable years, thanks to the development it is easier for us to talk about mental health yet very difficult for some as it is shared by many to be a victim. It's not just a concept and no definition can define this term. It is truly personal and psychological to a specific human being.

Without mental health you're can't be happy or successful in life. Good mental health leads to happiness. It can be a drawback if not paid attention to. It's not an excuse but can be severe. Many a times we mistaken ourselves to be free of any mental health issues but find ourselves feeling competent, nervous, stressing more, insecurely, inferiority, lack of self-confidence and so much more. If you experience any of these it doesn't mean you're defected! You're just another human being who is tortured by the harsh aspects of life and that is okay. 1 in every 4 people are affected by mental health disorders not mental disorders. The key to having a perfect mental health is by falling in love with the idea of oneself, doing everything that makes you and only you happy.

Having a good mental health also means living a peaceful, delightful and healthy life. Being able to sleep well and work on our tasks with an ease. It not only helps us but also the people around us. It helps us build trust and spread positivity. Once we help ourselves we are able to help others and find true joy and happiness.



Another aspect to this is not traumatizing others as well, the horrors that follow when a person purposely or mistakenly has a deep negative impact on someone else that it pushes someone into a dark mental state leaving a mark that can stay for years to come. Not only will the person who is being impacted upon will suffer but even the person who inflicts the pain as well suffers to an extent, if not regret catches with them pretty soon.

Someone will keep you happy too one day but that'll come after you keep yourself happy, don't underestimate yourself. You are much more than just a being. Your thoughts are the steps that build the incoming stages throughout your life. See the bigger picture, be aware, your destination is far away so you're not going to see it anytime soon. Don't just trust the process, mold it with your thoughts, don't doubt it. You are your thoughts so think wisely. There are several recourses online and offline available at your doorstep even free of cost. If you're going through anything talk about it to someone, maybe a stranger or a friend could help? It's not a bad thing. It's life!

"Mental health doesn't define you."



#### **FAILURE: A PART OF SUCCESS**

Viraj Shah, SE IOT

First of all, what's 'failure'?

It's nothing just an attempt of success that didn't go according to your plans. So, what? Not everything in life goes according to your plans, in fact most of the things will go completely opposite to what you have thought but does that stop you from being successful? No! failure strikes to everyone but you know what makes successful people different from the normal crowd is that failure doesn't let them stop from achieving their goals in life. It's not that failures didn't strike them, in fact failure had hit them the greatest number of times but they didn't stop, they just kept on trying and trying and trying and that attitude of never giving up made them successful.

I'll share some incidents which will help you understand this even better: -

- 1. There was a man who had a food recipe with him. He went to a restaurant to sell his recipe. Rejected the first time, rejected the second time, the third time, tenth time, hundredth time; he was rejected 'One thousand and nine' times, but today when you see where his company is it the best food company. It is none other than "KFC". Today it is the best and the most successful food brand in the world.
- 2. Now let us look at the second example, there was a child who could not even speak fluently till he was nine years old. He was removed from the school saying that he is not a capable student but now after so many years the scenario is that school studies about this child and he is non other than our great scientist "Albert Einstein"
- 3. Now let us look at one more example, this is an example of a man who has missed over 9000 shots in his career and has lost over 300 games but today he is called as the Legend of Basketball and he is none other "Sir Michael Jordan".

tension
laue: Innovation - Inspect
EIII A FART OF TCET

TCET-EWT

Thomas Edison once said, "I have not failed, I've just found 10,000 ways that won't work." What he is referring to is a cost effective Electric light bulb. He tried 10,000 times to make it work but fell short. His attempts were experiments and he only needed one experiment to go right. Therefore, he had not failed, but learned another way that didn't work. Success is defined as a favorable outcome. Failure is defined as a lack of success. So, does that mean that failure is the opposite of success? Thomas Edison didn't think so.

I think it depends on how we look at failure and how we act when we do fail. I believe failure plays a large part in success or becoming successful.

So, guys just don't worry even if you fail. Don't think that you are worthless or all your hard work has gone vain, no it doesn't. All your efforts / hard work will pay you off one day. Failures are not bad because they give us experience and experience has its own value. Also look at failure as a learning opportunity, don't lose your confidence rather learn from your and work hard upon them. Practice, practice and practice so much that you have a 100% confidence on yourself.

Don't let failure stop you, Let it grow you, let it develop you. Failure is not the end, rather it's just a start, start of your comeback story."

So, just keep trying, don't stop, work harder, work smarter and just don't stop UNTIL YOUR DREAM TURNS INTO REALITY!



#### **WOMEN'S SAFETY**

Sejal Yadav, SE B IT

The day a girl will walk freely on the road at night that day we will be able to say that India has achieved independence. Safety of women has become a serious issue in India currently. The crime rates against girls within the country has peaked to a great extent. Women reconsider their plans before stepping out of their homes, particularly at the night. This is, sadly, the unhappy reality of our country that lives in constant worry. Women in India are given equal rights as men; but, people do not follow this rule. They contribute to the growth and development of our country; still, they're living in worry. Women are currently getting revered positions within the country however if we take a look behind the curtains, it will be seen that they are being exploited there as well in terms of opportunities, equal pay, etc. Every day we have a tendency to browse concerning horrific crimes being committed against girls in our country like it's a standard.

Not a day goes by when you don't hear of the news of crimes committed on women in India. In fact, there is a minimum of 5 news articles that tell North American nation concerning the horrific details of the numerous crimes. It is very painful to look at the standing of women's safety in India, particularly in a country where women are given the stature of Goddesses. Domestic violence and honor killings are terribly common. Women are expected to stay in an abusive relationship for the sake of the society and what they will say. The family kills their daughters in the name of honor to stay up with the name of their family. Similarly, female foeticide is nevertheless another common crime. Due to the regressive thinking, individuals kill daughters before they are born.



## "The best protection a girl will have is courage."

## ~ Elizabeth Cady Stanton

Although the list of crimes is extremely long, we are able to take measures to assure women's safety in our country. Firstly, the government should build rigorous laws that make sure the penalization of criminals directly. Fast track courts should be set therefore the victim gets justice instantly. This will function an excellent example for criminals, rapists and other such people to not commit crimes against women.

In short, crimes against women are stopping the growth of our country. To overcome such downside, women ought to adopt some protection tips and tricks so it proves useful throughout the worst scenarios for them. Uncounted video and data concerning such defensive techniques are offered on online websites and apps. As it is rightly said, "Prevention is better than cure".



#### **COVID-19 PANDEMIC**

## Anand Jaiswar, SE A COMP

COVID-19 is transmitted when people breathe air contaminated with droplets in the air that contain the coronavirus. The risk of inhaling them is higher when people are in crowd or did not wear a mask, but they can be inhaled over long distances also, especially indoors. Transmission can also occur if sprayed or sprayed with contaminated fluids in the eyes, nose, or mouth and, rarely, through contaminated surfaces. People remain infectious for up to more days if not cured and can spread the virus even if they are not alert or take the things lightly. It can be infected by any category(Child or Adults or Even Senior Citizens). While very young children have a lower infection rate, older children have an infection rate like that of the general population. Children are likely to have milder symptoms and a lower risk of serious illness than adults.

Most of the hospitalized population with serious illnesses report long-term problems, such as tiredness and shortness of breath. Some of hospitalized patients develop serious or critical illnesses, including pneumonia and acute respiratory failure. Through various mechanisms, the lungs are the organs most affected by COVID-19. In hospitalized patients, up to 98% of CT scans performed showed lung abnormalities after 28 days of illness, even if they had improved clinically. The human immune response to coronavirus, like most other infections, occurs as a combination of cell-mediated immunity and antibody production. The virus mainly weakens our immune system since we have weakness and fever immediately after being infected. Therefore, we must eat foods that strengthen our immune system. As if we were to consume junk food after being infected with the virus, our immune system will drop severely, and it will be fatal.



Many countries have implemented tiered plans that prioritize people at higher risk of complications, such as the elderly, and people at high risk of exposure and transmission, such as healthcare workers. Countries like India, UK, USA, etc. started vaccinating at vaccination centres early (after 1 year of pandemic). Many countries have adequately tested the vaccine of virus and make it available after 2-3 successful results over 3-4 months of trial. Covishield and Covaxin are available to all the peoples of India, and we must take 2 doses of the vaccine after 2-3 months. Other preventive measures include physical or social distancing, quarantine, covering for coughs and sneezes, washing hands, keeping unwashed hands off the face, and keeping the house clean.

The use of masks or face covers in public settings has been recommended to minimize the risk of transmission. Also, mask disposal is must as if mask is not disposed properly, it can spread the virus more severely. There are some of the preventive measures that reduces the risk of virus infection that mainly includes vaccinating, staying home, wearing a mask in public, avoiding crowded places, staying away from others, washing hands with water, and soap frequently and for each day. A day for at least twenty seconds, practice good respiratory hygiene like meditation or Yoga and we must avoid touching our nose, or mouth with dirty hands as sanitization is must. At last, we must not distinguish between any of the patients, and we should take it as a serious concern. "United we stand, divided we fall" is mine message to all the doctors, nurses, and even common people.



## PANDEMIC'S IMPACT ON IMPOVERISHMENT

Saloni Singh,
SE B MECH

The Corona Virus or because the majority know it Covid 19 has led several changes is lifestyle of the various across the planet. India had tried to tackle it with a rather aggressive approach by announcing the lockdown. Nationwide lockdown was declared in India on 24th of March 2020 by Indian Govt. under Prime Minister Narendra Modi, restricting the movement of the whole 1.38 billion (138 crore) population of India as a precautions against the COVID-19 pandemic in India.

India has been performing on pushing people out of poverty and improving their living for many years and therefore the pandemic has severely damaged the progress made. Multidimensional Poverty Index for the year 2019 was released by The United Nations Development Program and spotlights the percentage of people around the world experiencing poverty at regional, subnational and national levels. The term "multidimensional poverty" goes a step further than simply specializing in an absence of finances. It encompasses other factors like poor health or malnutrition, lack of unpolluted water or electricity, poor quality of labor and limited education access so on produce a broader picture of poverty's true reality.

From 101 countries with 1.3 billion populations, 23% are multidimensionally poor with half of them being below the age of 18. Regardless of these stern statistics, several countries are effectively promoting multidimensional poverty, with India being the most renowned example. The reports reflects that over 640 million people across India were in multidimensional poverty in 2005-06 which fell from gradationally to around 365.55 million by 2016-17, a powerful reduction of 271 million!



In recent years the depression driven by the coronavirus has had a significant impact on living standards and has pushed millions out of bourgeoisie into poverty. Estimates reflects that around 150-199 million additional people will represent poverty this year. It means an overall increase in poverty by 15-20%, making around half the country's population poor households experienced a median of 12% loss in income during the last year and it should be noted here is that it is a mean loss. The loss for the poor and bourgeoisie must be higher. In addition to, the CMIE survey is lambasted for being biased towards the wealthy families, and thus the real loss for poorer households tends to be higher than reported.

Estimates reflects that 218 million additional people (168 million in rural and 50 million in urban areas) are propelled into poverty at 12 percent contraction within their monthly/capita consumption in the year 2020-21, the arrival of the second wave of Covid-19 and it's ensuing misery raised extra uncertainty regarding the health of the India's economy.

Further, given other challenges that the companies and other people face, the economy is presumably to experience a lower GDP rate of growth than expected at the start of the year. Therefore, taking the impact of the second wave of the Covid-19 crisis into consideration, most multiparty and international agencies have revised their 2021-22 growth prognosis for India.



LIVE THE MOMENT

# POEMS

"If you ever thought about quitting, just stand in front of the mirror & try to feel the strength of the lion hidden inside of you."

- RISHABH SINGH, SE B IT

## TABLE OF CONTENTS

DON'T QUIT

DHARA MODI

WAKE UP NOW

AMRUTA BODHANKAR

POOR CHILDREN

CHAITALI SALKAR

MEN DON'T CRY

**ABHISHEK TIWARI** 



### DON'T QUIT - DHARA MODI, SE B COMPS

Never give up, if you even make mistakes or even if you fail, Never give up, even if the conditions seems pale.

Ant does have thousands of obstacles in its way,

But attempts remains persistant like a sunshine ray.

As Rome was not built in a day, Great things takes time; old says.

Even if you face hardships, Remember the kith and kin backing your trip.

The best day of your life is still yet to come
A strong soul shines after every storm.

You may Fail, but fall still fighting; Don't give up, whatever you do; Eyes front, head high to the finish. See it through!

Set a goal and DON'T QUIT, until you ATTAIN IT.

### WAKE UP NOW - AMRUTA BODHANKAR, SE A COMPS

Wake up, stand and steadily act, climate change is here and this is a fact.

Our existence is because of air, polluting it is just not fair.

Harmful gases, depleting ozone, nuclear radiations how can they

be sign of progressive nations?

In our race to become urban we have filled the atmosphere with carbon.

Cutting down trees for our greed, Spoiling the nature is a shameful deed.

Increasing temperature and global warming Mother Nature has given us a warning.

Climate change is here and this is a fact, Wake up, stand and hastily act.



#### POOR CHILDREN - CHAITALI SALKAR, SE B MECH

They are the future of humanity

But many of them living in poverty

And without shelter homeless on the street

Searching through rubbish bins for scraps of food to eat.

Poor children are victims of circumstances

In life they never really get a chance

Or have opportunities as privileged children do

The road from the poor suburb to prison leads them to.

Poor children without homes and sleeping rough

And life for them already hard enough

At the wrong end of the social divide.

Any chance of a good future to them is denied.

3000000

#### MEN DON'T CRY - ABHISHEK TIWARI, SE B MECH

Men don't cry

We are told this lie

Thinking we're always this high, Forced into society

against our will Hearts in which will never fill

Men are the problem

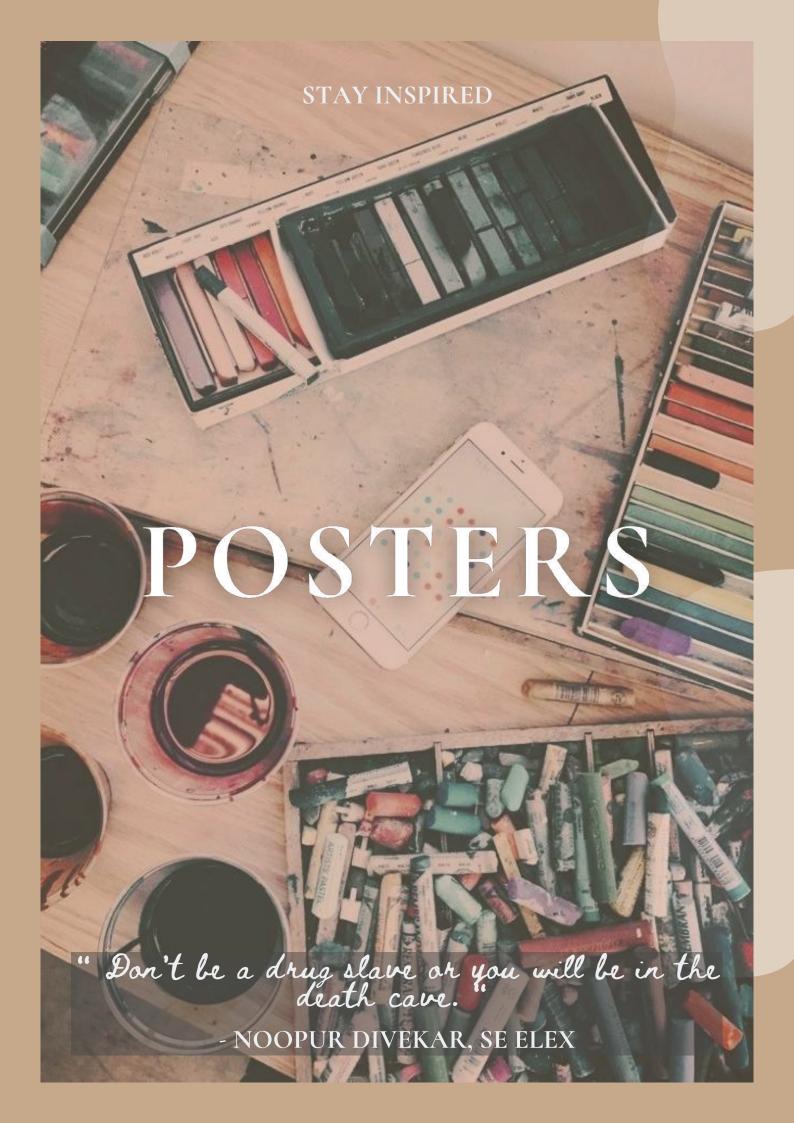
why don't we stop them?
This isn't equality, this is Cancer.

We spread our Voices, why not Answer?

We are told to sit straight and listen in, for we are the weak, when we give in.

Please, Please, listen to our cries, Don't let people spread these lies





#### DIGITAL

YUVRAJ NISHAD SE A MECH

SURAJ MAHATO SE A MECH

RUCHIKA GINIMAV SE A COMP



#### HANDMADE



ANISHA PRAJAPATI

SE A COMP

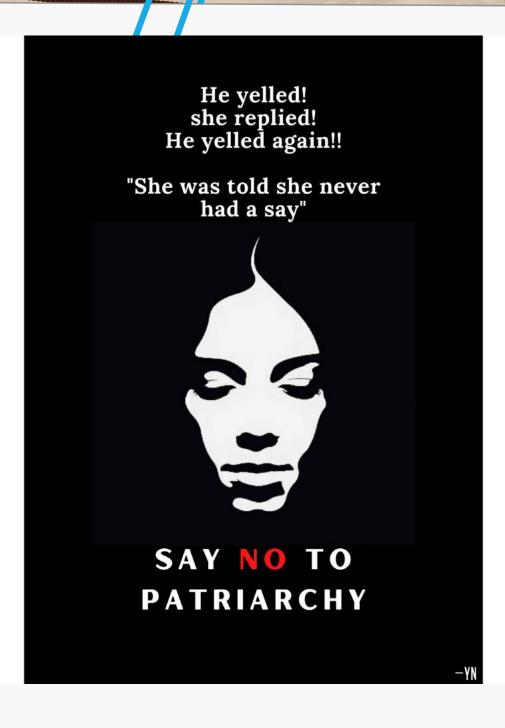
JAYATI BAILUR

SE A MECH

SHOAN NAIGAONKAR

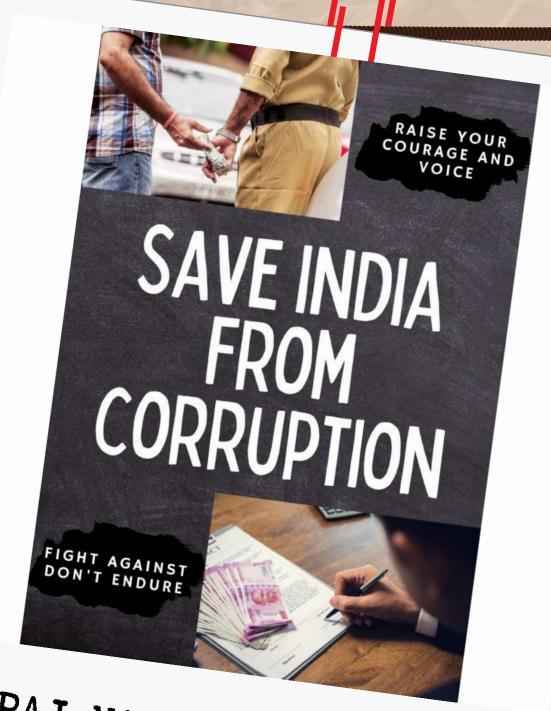
SE A MECH





YUVRAJ NISHAD, SE A MECH





SURAJ MAHATO, SE A MECH



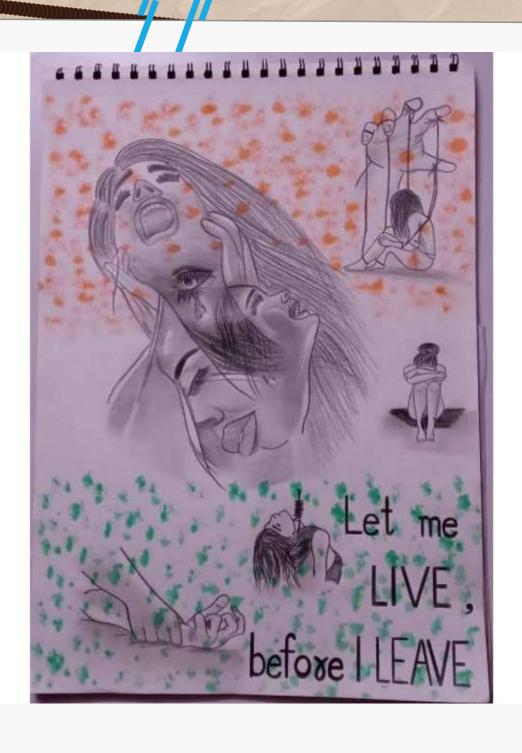


MAKE YOUR SOCIETY A CORRUPT-FREE ZONE.

Fighting agaiinst corruption is a part of your culture and a fundamental value.

RUCHIKA GINIMAV, SE A COMP





ANISHA PRAJAPATI, SE A COMP





JAYATI BAILUR, SE A MECH





SHOAN NAIGAONKAR, SE A MECH











#### **ACKNOWLEDGEMENT**

#### Hello readers,

Team TCET-EWT would like to thank the Chairman, Trustees and CEOs of the Thakur Educational Group for giving us this opportunity to better ourselves and do our part in our society. We are grateful for the guidance and motivation bestowed upon us by our Principal Dr BK Mishra, Vice Principal Deven Shah and Dean SSW Dr. Lochan Jolly.

We would like to thank our Programme Officers - Dr Ela Agarkar, Mr. Ashwin Pathak and Mr. Nivant Kambale for sharing their valuable experience to all the members of EWT which will help us in our teaching journey of EWT. We would also like to thank all the volunteers for their efforts in EWT be it teaching, writing essays or creating innovative poems, quotes & posters. We are thankful and hopeful for our future at EWT to help others and better ourselves.

Thank You!!!

"It's a joy not job to serve for humanity."
- AAKASH YADAV, SE B MECH







We hope you liked our magazine!

#### **PUBLICATION**

SIDDHI SAWANT
ABHISHEK TIWARI
ADITYA PRAJAPATI
ADITYA MOGARE
ADITYA SHANDILYA

#### **CREATIVES**

SUHENA GHOSH
SARTHAK SHAH
AAYUSH JAIN
YUVRAJ NISHAD
SHIVAM MISHRA









